



16 October 2015

MILITARY HEALTH CARE FOR RESERVE FORCE MEMBERS

All Services and Divisions are reminded that Reserve Force members must undergo a Comprehensive Health Assessment (CHA) every two years when called up for military services in the South African National Defence Force (SANDF).

When called up, the Reserve Force member must fill in the normal affidavit or declaration, stating any changes in his/her health status since the previous assessment. If his/her health status changed for the worse, then obviously a medical assessment must be done before commencing with services in the SANDF, to evaluate the specific medical condition mentioned.

The biennial health assessment for Reserve Force members includes the following elements:

- A medical assessment, including blood and urine tests. Chest X-rays and Electrocardiograms (ECG) are also done at military health facilities for those members above the age of 40 years.
- Psychological, Social Work and Oral Health Assessments.

The Reserve Force member's external deploy-ability status will be made known by a medical category and colour code status of green, yellow or red.

If the reporting member is found to be chronically ill or requires an elective procedure or further medical and other specialist investigations, he/she is referred back to his/her private medical practitioner for suitable management. A temporarily unfitness (GT) classification is allocated for the above-mentioned circumstances.

Kindly note that no Reserve Force member may be called up for elective treatment of chronic medical conditions. Only confirmed cases of occupational injuries and diseases are authorised to receive continued health care in military health facilities.

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